

Kathy Loper presents

10th annual

Kilimanjaro Marathon, Half Marathon, & 5K Tour Feb 22 - Mar 06, 2012



**Kilimanjaro
Run & Trek
with
Kathy Loper**

and Kurt Bodmer

**Run the villages & farms at the foot of Africa's
mighty Mt. Kilimanjaro**



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Gordy's Kilimanjaro slide show

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Run and Trek Program Includes:

- Air fare from Minneapolis, MN, USA to Kilimanjaro Airport (JRO) in Tanzania and back.
- Airport transfer from JRO airport to Keys Hotel.
- Baggage handling at airports/hotels.
- 11 nights accommodations in Tanzania, as shown, basis sharing double/twin room/Kili tent.
- Full Breakfast, Lunch, and Dinner in Moshi. All meals while on 6-day Mt. Kili Trek.
- "Welcome to Tanzania" and "Kili Accomplished" cocktail.
- In-flight meals at appropriate meal hours.
- Special carbo-loading Pasta Dinner at the Keys Hotel in Moshi.
- Group transfers.
- Special local guides for 6-day Mt. Kili Trek, porters, park fees, tents, sleeping mat, camping fees, T-shirt, Kilimanjaro Mountain Rescue fee and Trekking Certificate.
- Hotel service charges and hotel taxes.
- Kilimanjaro Marathon/Half Marathon/5K entry fee & goodie bag / finisher medal for Full and Half. We will automatically register you for the event.
- Kilimanjaro National Park Map and town/shopping information.
- Transfer to Kilimanjaro Airport.
- Detailed itinerary and information pack - medical list, equipment list, etc.

Available Kilimanjaro Options:

- **Tented Camping
Safari/Run**

Official race website: www.kilimanjaronmarathon.com.

Not included in Tours or Options:

- US and International air taxes and fuel surcharges on NW/KL air ticket (currently approx \$148 and \$240, amounts fluctuate).
- US Passport fee (passport must be valid to at least 30Sep2012).
- Tanzania Tourist Visa Fee of US\$100.00 on arrival.

- All drinks including bottled water (unless specified).
- Equipment rental, travel protection insurance, visas, and health requirements.
- Items of personal nature, and any items not specifically listed as included herein.
- Tips to Mt. Kili Trek guides/porters (compulsory tip on trek - USD 140 per person).
- Trip Cancellation/Travel Insurance available on request; please note that medical/evacuation coverage is required for the Mt Kilimanjaro trek.

Inoculations: None required. Yellow fever certificate also no longer required, but recommended. Malaria prophylactics are highly recommended, although not required.

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